

Free Health Screenings



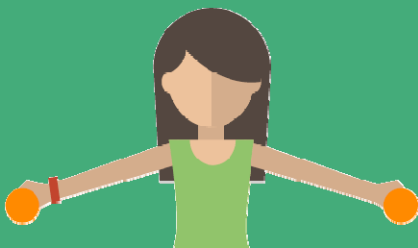
FREE Health Screening for **All Medical Covered Employees and Spouses!**
Health Screenings will be offered onsite at the below locations and dates:

March 9th: 8:00am-10:00am – Sheriff/Detention Center
March 16th: 8:30am-10:30am - Courthouse in the Commissioner Room
March 23rd: 6:00am - 9:00 am – PC Highway Department

Tests include: Total Cholesterol, HDL, LDL, Triglycerides, Glucose, Blood Pressure, Height, Weight, Waist Circumference, PSA (Men + 50)

Perry County Wellness Reminder:
Health Screenings must be completed by April 30th, 2022 to be eligible for the \$250 Wellness Deductible Credit.

** IMPORTANT* Please fast for 10 hours prior to testing. Do not eat, however you may drink water or black coffee (no cream or sweeteners of any kind). If you are diabetic, please follow your doctor's instructions regarding fasting. Please drink plenty of water to stay hydrated. Continue to take any prescription medication.*



The Health Screening is one of the required activities to be eligible for the \$250 Wellness Deductible Credit.

Questions? Contact your GPA Wellness Coordinator, Gena Tamosiunas, at: wellness@gpatpa.com | 1-800-827-7223 | fax 469-445-3151



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If you are unable to attend the Onsite Health Screenings, you may go to the Tell City Clinic to complete the screening any time before April 30, 2022.

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****Wearing a mask is required in order to participate in the screening.****



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